**Title**

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First Author1Second Auther11Third Auther22

Affiliation 11Affiliation 22

Abstract: Abstracts should be written in 10-point of Times New Roman font and must not exceed the word limit specified in the guidelines. Figures or tables should not be included in abstract.

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1. Introduction

1 Abstract

For **academic research category**, authors must include either a Japanese abstract of approximately 1,600 characters along with an English abstract of approximately 200 words, or an English abstract of approximately 800 words.

For **practical reports category**, authors must include either a Japanese abstract of approximately 800 characters, or an English abstract of approximately 400 words.

2 Fonts

The title should be in 14 points (bold) of Times New Roman and the bub title should be in 12 points of Times New Roman and in bold. Authors' names and affiliations should be in 12 points of Times New Roman. Please carry out these lines centered.

Please describe the text in two columns, 10.5 point Times New Roman.

3 Figures and tables

When you want to insert tables or figures, please use monochrome printing and stick on the appropriate position in a text. Also, please make the number of a figure and a table into Arabic figures (e.g. Fig. 1, Table 1), and number should be in ascending order from 1, respectively. Please put the caption of a figure under a figure and write the caption of a table before a table. In addition, please be careful to make characters in a table or a figure as readable size.

4 Page Settings

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The length of the manuscript should not be exceeding 2 pages including tables, figures and references.

5 References

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6. **Others / Acknowledgments**
Authors must state whether the study was reviewed by an ethics committee and provide any relevant information regarding conflicts of interest (COI).

If the research was supported by a grant or funding agency, details of the financial support should also be included.

 7. Contact Information

 At the end of this abstract, please add a 'Contact Information' section listing the contact details for both the First Author and the Corresponding Author to allow for inquiries regarding the abstract.

References

[1] Times New Roman 8 point.